



He mahi pūrekareka mā te whānau katoa. Kaurukuria te pikitia nei.



# Me aha tātāu māna ka pā mai? tētahi mate-whawhati-tata?

## Ko tā tātāu mahere mate-whawhati-tata

Mēnā kāre tātāu e āhei ki te hoki atu ki te kāinga, ki te whakapā atu rānei ki tētahi atu, me tūtaki tātāu, ka waiho pānui rānei ki: Ko ngā ingoa, tau waea / Imēra:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Ko te tangata māna e tiki atu ia tamaiti: Ko ngā ingoa me ngā tau waea:

\_\_\_\_\_

\_\_\_\_\_

Ko ngā hoa / kiritata me āwhina pea e tātāu, ka āhei rānei ki te āwhina i a tātāu: Ko ngā nama waea me ngā ingoa o ngā tangata me whakapā atu:

\_\_\_\_\_

\_\_\_\_\_

Ko wai te tangata māna hei whakarite te wai, ngā kai, ngā mea e ora ai koutou me ngā kete mate-whawhati-tata hoki: Ingoa:

Hei te whakawhitinga ki te wā whakaroanga awatea (daylight saving time), āta tirohia awa kete nei mea e tika ana.

Kai konei ngā kete mate-whawhati-tata: Ko te wāhi:

Ko te Reo Irirangi: AM/FM: \_\_\_\_\_



Me Noho Takatū



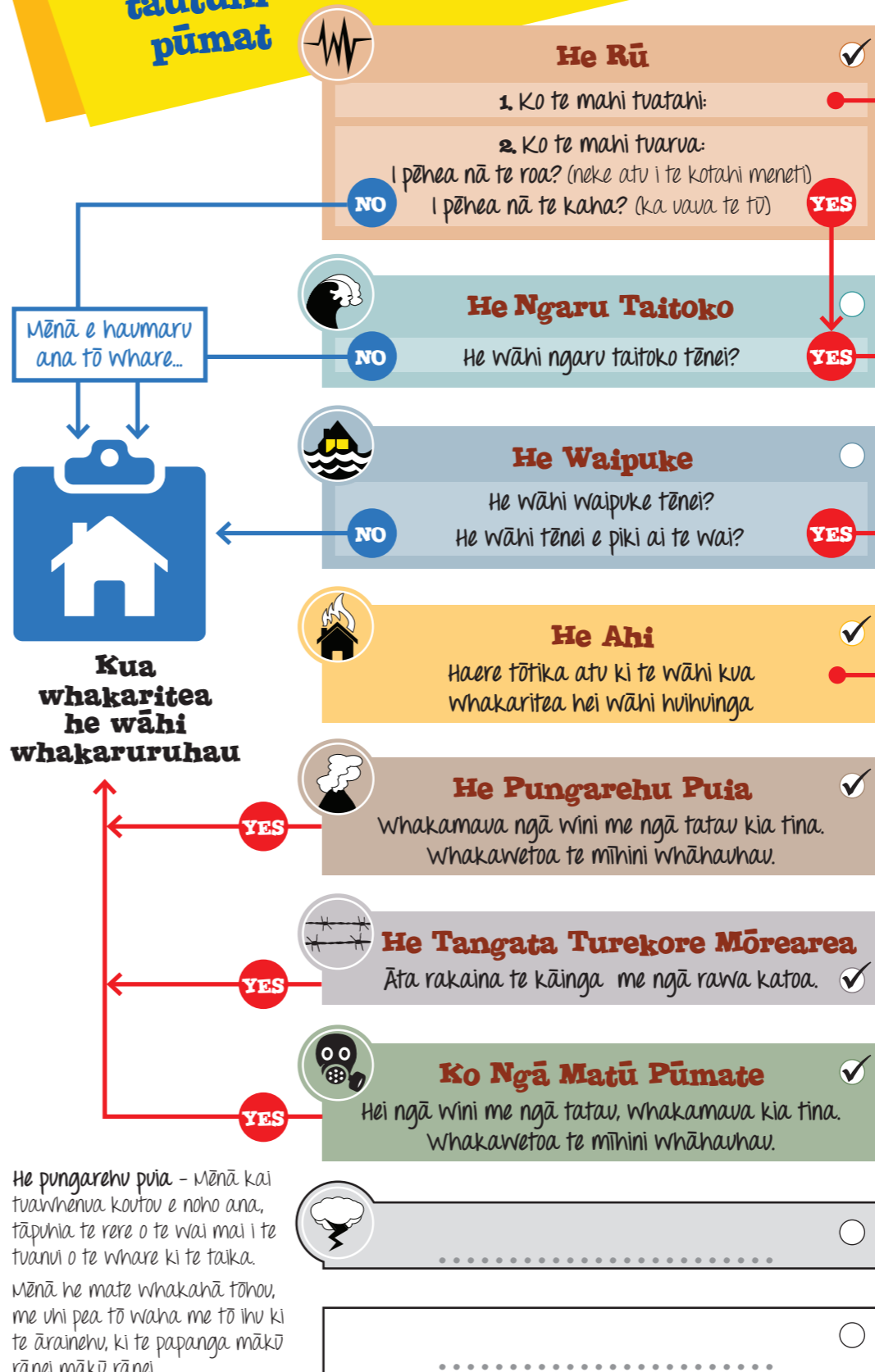
# 1. Tautuhia ngā pūmate

He ara tautuhi pūmat

Tērā ka pā te mate-whawhati-tata ki tō koutou whare (he ahi pea), ki te katoa rānei o tō koutou rohe (he rō pea).

Whāia te hoahoa i raro iho nei, ka tohu ai i ngā tūmomo pūmate ka pā pea ki a koutou.

Kua oti kē te tohu ngā tūmomo pūmate ka pā ki ngā rohe katoa o Aotearoa.



Whāia te ara tika ki tō tātāu wāhi haumaruru.

Whakarāranghia mai ētahi atu pūmate ka pā atu pea ki tō koutou whare, ka whakaaro ai me pēhea koutou. Nīkā nei ētahi taurira:  
He hau kaha.  
He hau āwhiowhio.  
He amotai nui.  
He horowhenua.  
He āwhā.

He pungarehu puia - Mēnā kai tuwhenua koutou e noho ana, tāpūhia te rere o te wai mai i te tuānui o te whare ki te taika. Mēnā he mate whakahā tōhau, me whi pea tō waha me tō ihu ki te ārainehu, ki te papanga mākū rānei mākū rānei.

2

# Ko taua wāhi haumaruru

⇒ Mēnā kai te pai tonu tō whare, kia mau te noho; ko tēnā tonu hoki te wāhi tino pai rawa atu.  
 ⇒ Me āhei tō whānau ki te tiaki i a rātau anō mō ngā rā e toru. Tēnā pēa kua kore he hiko, ā, kua kati hoki ngā toa. Tōhva ngā mea ka hiahiaatia e koutou.



**Ko te wāhi haumaruru mō koutou**



He kai mā ngā mōkai



He makimaki



He taputapu tunu kai



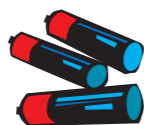
He rongoa



He tiwara



He kai



Ētahi atu pāteri



He pouaka whakaata



He wai



He rama



Ko ngā mea mā ngā tamariki



He pōro



He waerehe



He waea whai mata



He kete āwhina tūrora



## Ko te pupuri wai

⇒ Me āta horoi ngā pātara ki te wai wera. (Kava e whakamahia te pātara miraka)  
 ⇒ Whakakia ki te wai kōrere kia pūrena rawa. Kia ita te taupoki.  
 ⇒ Waiho ki tētahi wāhi hauhau, wāhi pōuri, ā, ka whakahau ai i a ono marama.

## 3 Te mahere

Mēnā ka pā mai he mate-whanwhati-tata i te wā o te mahi, o te kura rānei, mā wai ia tamaiti e tiki atu?

Ngā Ingoa o ngā Tamariki  
 Mā wai e tiki atu?

Ngā Ingoa o ngā Tamariki  
 Mā wai e tiki atu?

Ngā Ingoa o ngā Tamariki  
 Mā wai e tiki atu?

Ngā Ingoa o ngā Tamariki  
 Mā wai e tiki atu?

Me āta whakarite ētahi mea motuhake mō tētahi o tō whānau?

He kiritata rānei o koutou me āwhina pea, ka āhei rānei ki te āwhina i a koutou?



**Me puta atu**

## 4 Me haere

⇒ Mēnā kei te mōrearea tō whare, me puta atu.  
 Tōhva ngā mea whaitake hei hari māhau ⇒



He kai mā te mōkai - me te mōkai hoki



He ipu



He paraikete, he pēke mōe rānei



He patapata kai



Ko tō pāhi moni me ngā puka matua



He pōtae ārai rā



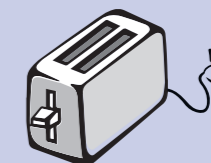
He rama



He pepa ōkui tou



Ētahi atu kākahu



He kare tōni



He rongoa



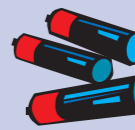
He kete āwhina tūrora



He wai



He kope me te pātara whāngai pēpi



Ētahi pāteri atu anō



He mōhiti pāru



He waerehe

## 5 Ko ngā wāhi huihuinga haumaruru

⇒ Ki te ara ake he mate-whanwhati-tata, tērā me tere wehe atu koutou i te kāinga. Ko te painga atu mēnā kua oti i a tangata te whakarite he pēke kākahu me ngā mea e tino hiahiaatia ana.

⇒ Kai hea tō koutou wāhi huihuinga haumaruru?  
 > He Ngaru Tāitoko  
 > He Ahi  
 > Ētahi atu mea

⇒ Āta whakatakoto ā-maheretia te hvarahi e tae atu ai koutou ki tō koutou wāhi huihuinga haumaruru. Me āta whakanāia koutou ko tō whānau i a koutou anō ki te mahere nei.

⇒ Kava e wareware ā koutou mōkai!  
 Mēnā ka tāea, haria rātau.

⇒ Mēnā ka whai wā koutou, tāpūhia te wai, whakanvetoa te hiko i mua i tō koutou wehetanga atu.



# Kia rite Kia puta

Mō te roanga atu o ngā kōrero whakamārama, whakapā atu ki te [www.getthru.govt.nz](http://www.getthru.govt.nz) ki te kawnihera rānei o tō wāhi noho.